

GRACE CITY CHURCH

# 21 Days



Prayer  
+ Fasting



# The goal of fasting is to draw near to God.

**IT HITS THE RESET BUTTON OF OUR SOUL  
AND RENEWS US FROM THE INSIDE OUT.**

We are just so excited and expectant about what God is going to do in your life during the next 21 days. I know we say this often, but at Grace City Church, we really do believe what His word promises, that **“PRAYER MOVES THE HAND OF GOD.”**

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# Prayer brings Heaven's influence into earthly situations.

I'm sure we can all agree that we need Heaven's influence. More than ever, we are in desperate need of the move of God in our world, our nation, our community, and our families.

This is why we take this time to unite in Prayer because we know that Prayer is a key ingredient in navigating this journey with the hope and assurance of Jesus.

We know the God who holds the future in His hands, and we have complete access to Him through prayer!

It is in our very nature to act first and then when that doesn't work, then we want God to help our situation; however...





# Prayer should be our first response, not our last resort.

## WHEN WE PRAY

God explains what He does when His people pray:

2 Chronicles 7:14 *"Then if my people who are called by my name will humble themselves and pray and seek my face and turn from their wicked ways, I will hear from heaven and will forgive their sins and restore their land."*

## IMPORTANCE OF PRAYER AND FASTING

Jesus explains the importance of prayer to His own followers after they could not perform the miracle of casting away an evil spirit:

Mark 9:29 *"So He, [Jesus,] said to them, 'This kind can come out by nothing but prayer and fasting.'"*

## POWER OF PRAYER

Jesus emphasizes the power that there is when people pray together in Matthew 18:19-20:

*"I also tell you this: If two of you agree here on earth concerning anything you ask, my Father in heaven will do it for you. For where two or three gather together as my followers, I am there among them."*



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# Prayer is a “get to” not a “got to.”

Prayer is a privilege. We get to go to Him directly with everything and anything! It is our hope that you discover the beauty of daily conversation with God.

So let's pray...

Before the day begins.

Before you go to bed.

Before you go to work or school.

Before you send that text.

Before you eat, drive or travel.

**Before you worry... in every situation, PRAY FIRST!**

Although we do not know what awaits us this coming year, we know that God has a plan for both our church and you. Be attentive to encountering His presence, seeing His hand, and experiencing him in a new and fresh way.

Believing that this 2024 we will see with our eyes the evidence of his Presence for your life. As you **REORDER** yourself according to his direction and his will, he brings the wind of his Spirit to cause His church, your home, and your life to rise strong. Expect to see the **RESURRECTION** of what you once thought was dead, the **REBUILDING** of the ruins and rubble, and the **RESTITUTION** of what the enemy stole from you in years past.

**THE DOOR THAT GOD OPENS,  
NO ONE CAN CLOSE AGAIN.**



*Pastor Mayra  
Rodriguez*

## HOW NOT TO PRAY

Jesus teaches His disciples (and us) how NOT to pray and How to pray in a way that touches on so many areas of life and relationship with God.

Matthew 6:5-8 NIV

*“And when you pray, do not be like the hypocrites, for they love to pray standing in the synagogues and on the street corners to be seen by others.*

*Truly I tell you, they have received their reward in full. But when you pray, go into your room, close the door and pray to your Father, who is unseen. Then your Father, who sees what is done in secret, will reward you. And when you pray, do not keep on babbling like pagans, for they think they will be heard because of their many words. Do not be like them, for your Father knows what you need before you ask him. “*

## HOW TO PRAY

Matthew 6:9-15

9 This, then, is how you should pray: “ *‘Our Father in heaven, hallowed be your name, your kingdom come, your will be done, on earth as it is in heaven. Give us today our daily bread. And forgive us our debts, as we also have forgiven our debtors. And lead us not into temptation, but deliver us from the evil one.’ For if you forgive other people when they sin against you, your heavenly Father will also forgive you. But if you do not forgive others their sins, your Father will not forgive your sins.*”

Ultimately, it is important that we know just how much God wants communication and communion with us, how He listens and cares about our prayers, and how He has allowed our prayers to be powerful by nature. If we stand on these things and make prayer a faithful discipline and practice, imagine all that could change. God can do more than we imagine, and He invites us to participate with our prayers!



## **WHEN AND WHERE TO PRAY**

Practically, prayer can happen any time, any place. You can pray on your commute, before a meeting, as you fall asleep at night, or prior to eating. In fact, the Bible encourages us to pray constantly.

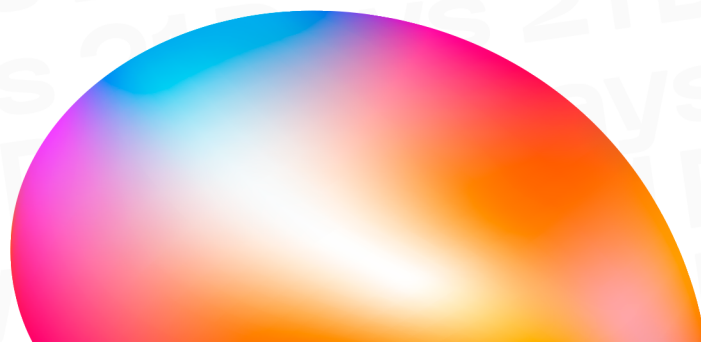
However, we also know that there is something powerful about setting aside a specific time dedicated to prayer. Just like other disciplines, removing distractions helps us focus better on the task at hand. Adding prayer into our daily habits reminds us to trust God, to bring our needs to Him, and to set Him as a priority in our busy-ness. It also encourages us to slow down, listen, and allow ourselves to hear God's voice.

Regular, dedicated times of prayer strengthen our relationship with God, renew our hearts and minds, and bring powerful change to people and places that need it.

As we journey together over the next 21 days, you will see that every day there is:

- 1. ONE MAIN THEME**
- 2. ONE MAIN VERSE**

We have designed this easy to follow daily prayer guide to help you find a new level of purpose, effectiveness, and enjoyment in your prayer life. It is important to remember that while prayer does take commitment and can require discipline to develop into a daily habit, we also want to remember:





# Week 1

## Preparation

**Day 1 / Sunday 7**

### **Expectant of Wonders**

"Then Joshua told the people, "Purify yourselves, for tomorrow the Lord will do great wonders among you.""

Joshua 3:5 NLT

**Day 2 / Monday 8**

### **Everything will be Fine**

"The Lord replied, "I will personally go with you, Moses, and I will give you rest—everything will be fine for you.""

Exodus 33:14 NLT

**Day 3 / Tuesday 9**

### **God's Care**

"Give all your worries and cares to God, for he cares about you."

1 Peter 5:7 NLT

**Day 4 / Wednesday 10**

### **New Strength**

"Don't be afraid, for I am with you. Don't be discouraged, for I am your God. I will strengthen you and help you. I will hold you up with my victorious right hand."

Isaiah 41:10 NLT



**Day 5 / Thursday 11**

## **Learning**

"I will teach you wisdom's ways and lead you in straight paths."  
Proverbs 4:11 NLT

**Day 6 / Friday 12**

## **Divine Reward**

"But as for you, be strong and courageous because your work  
will be rewarded."  
2 Chronicles 15:7 NLT

**Day 7 / Saturday 13**

## **Complete Transformation**

"Don't copy the behavior and customs of this world, but let God  
transform you into a new person by changing the way you think.  
Then you will learn to know God's will for you, which is good and  
pleasing and perfect."  
Romans 12:2 NLT





# Week 2

## Purification

**Day 8 / Sunday 14**

### **Conviction of Sin**

"Have mercy on me, O God, according to your unfailing love; according to your great compassion blot out my transgressions. Wash away all my iniquity and cleanse me from my sin. For I know my transgressions, and my sin is always before me. Against you, you only, have I sinned and done what is evil in your sight; so you are right in your verdict and justified when you judge."

Psalms 51:1-4 NIV

**Day 9 / Monday 15**

### **Purify Mind**

"For from within, out of a person's heart, come evil thoughts, sexual immorality, theft, murder, adultery, greed, wickedness, deceit, lustful desires, envy, slander, pride, and foolishness. All these vile things come from within; they are what defile you."

Mark 7:21-23 NLT

**Day 10 / Tuesday 16**

### **Purify Heart**

"Create in me a clean heart, O God. Renew a loyal spirit within me. Do not banish me from your presence, and don't take your Holy Spirit from me."

Psalms 51:10-11 NLT



**Day 11 / Wednesday 17**

## **Body Purification**

"throw off your old sinful nature and your former way of life, which is corrupted by lust and deception. Instead, let the Spirit renew your thoughts and attitudes. Put on your new nature, created to be like God—truly righteous and holy."

Ephesians 4:22-24 NLT

**Day 12 / Thursday 18**

## **Home Purification**

"Then if my people who are called by my name will humble themselves and pray and seek my face and turn from their wicked ways, I will hear from heaven and will forgive their sins and restore their land. My eyes will be open and my ears attentive to every prayer made in this place. For I have chosen this Temple and set it apart to be holy—a place where my name will be honored forever. I will always watch over it, for it is dear to my heart."

2 Chronicles 7:14-16 NLT

**Day 13 / Friday 19**

## **Renewal of Mind**

"Instead, let the Spirit renew your thoughts and attitudes. Put on your new nature, created to be like God—truly righteous and holy."

Ephesians 4:23-24 NLT

**Day 14 / Saturday 20**

## **Consecration of Finance**

"Honor the Lord with your wealth and with the best part of everything you produce. Then he will fill your barns with grain, and your vats will overflow with good wine."

Proverbs 3:9-10 NLT

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# Week 3

## Open Door to Conquer

**Day 15 / Sunday 21**

### **Brave and Hardworking**

"This is my command—be strong and courageous! Do not be afraid or discouraged. For the Lord your God is with you wherever you go."

Joshua 1:9 NLT

**Day 16 / Monday 22**

### **Obedience**

"But Samuel replied, "What is more pleasing to the Lord: your burnt offerings and sacrifices or your obedience to his voice? Listen! Obedience is better than sacrifice, and submission is better than offering the fat of rams."

1 Samuel 15:22 NLT

**Day 17 / Tuesday 23**

### **Unity**

"Then make me truly happy by agreeing wholeheartedly with each other, loving one another, and working together with one mind and purpose."

Philippians 2:2 NLT

**Day 18 / Wednesday 24**

### **Fearless**

"Even when I walk through the darkest valley, I will not be afraid, for you are close beside me. Your rod and your staff protect and comfort me."

Psalms 23:4 NLT





**Day 19 / Thursday 25**

### **With Authority**

“Look, I have given you authority over all the power of the enemy, and you can walk among snakes and scorpions and crush them. Nothing will injure you.”

Luke 10:19 NLT

**Day 20 / Friday 26**

### **Surrender all to Jesus**

“Then Jesus said, “Come to me, all of you who are weary and carry heavy burdens, and I will give you rest.”

Matthew 11:28 NLT

**Day 21 / Saturday 27**

### **The Lord Gives us the Promised Land**

“Remember what Moses, the servant of the Lord, commanded you: ‘The Lord your God is giving you a place of rest. He has given you this land.’”

Joshua 1:13 NLT



